

Living with painful IBD or IBS?

Recruiting Participants for a Clinical Research Study

How do **endocannabinoids** (the body's own "cannabis-like" chemicals) and **gut microbiota** (bacteria in the gut) influence a person's experience of **abdominal pain**?



Who are we looking for?

- ✓ **18 years or older**
- ✓ **Diagnosis of inflammatory bowel disease or irritable bowel syndrome**
- ✓ **Ongoing or recurrent abdominal pain within the past 3 months**
- ✗ **Currently pregnant/breastfeeding**
- ✗ **Widespread pain disorder**
- ✗ **Colorectal surgery in last 6 months**
- ✗ **History of major psychotic disorder**

What is involved?

Three study visits (each consisting of):

- **Questionnaires** about pain, mental health, fatigue and quality of life
- **Sensory Testing** using sensations on your skin such as heat, cold, touch, and pressure
- **Blood, saliva, and stool samples**

Where will the study visits take place?

HRB Clinical Research Facility, Galway University Hospital, Galway City.

Interested in participating?

Contact **Rebecca Lane** (study lead) at:
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Scan the **QR code** to leave your contact details



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